



Judo
Ontario
Our sport. Our life.

RETURN TO JUDO STAGE 3

COVID-19 PROTOCOLS FOR JUDO



- 1 Judo club and individual members must be current 2021-2022 members of Judo Ontario/Canada.
- 2 All members 12 years of age and older must show proof of double vaccination.
- 3 It is strongly recommended that children under 12 wear masks during judo.
- 4 The only exemptions permitted to enter these settings are for unvaccinated people with medical exemptions and people under 12 years old. Individuals who cannot receive the vaccine due to medical exemptions will be permitted with a doctor's note until the medical exemption can be integrated as part of a digital vaccine certificate.
- 5 Judo clubs must have an Emergency Action Plan (EAP) and Return to Judo Protocols clearly displayed in dojo. All Sensei's must have and, be aware of, the new safety and screening policies from the Ontario Government and Judo Ontario.
- 6 Maximum room capacity must be posted at the entrance to your club. Maximum dojo capacity cannot exceed 50% of the maximum room capacity.
- 7 Covid restrictions must be posted at all entrances.
- 8 Masks are mandatory entering, leaving the facility or not on the mats. Athletes may participate with contact as normally done in their sport, without wearing masks, during training sessions. Coaches are advised to wear masks.
- 9 Physical distancing guidelines (6 feet distance) must be followed at all times unless practicing judo.
- 10 Everyone entering the dojo must complete a Covid-19 screening questionnaire in addition to getting their temperature checked.
- 11 No sharing of personal items (e.g., water bottles, judo Gi's etc.).
- 12 It is strongly recommended that participants come to judo in their uniforms.
- 13 Clubs must maintain a system to track all entering the judo club. Record participation and contact information from all judokas, coaches, and others who may be present in the judo club.
- 14 Covid disinfecting protocols must be followed. At the conclusion of every prescribed practice time all floor/surface areas and all equipment must be sanitized.
- 15 All Member Clubs must notify the PSO, their Department of Public Health, and all members of their club if a member, or someone that was in contact with individuals who were at the club have tested positive for COVID19.
- 16 The Facility must immediately close, be sanitized and remain closed until further direction from the Municipality's Department of Public Health.